

**LEVEL 2
ERU
CONTACT
PROTOCOL**

AGE GRADE LAW VARIATIONS FOR COMMUNITY RUGBY

UNDER 13 AND 14 (10s)

<p>Size of Playing Area</p> <p>90m x 60m</p> <p>(Play to 5m lines Excluding In-Goal)</p>	<p>Safety Zone between Playing Areas</p> <p>5m</p>	<p>Ball Size</p> <p>Size 4 or 5</p> 	<p>Numbers Per Team</p> <p>10</p> <p>Forwards 5</p> <p>Backs 5</p>	<p>Substitutions</p> <p>Rolling Subs</p> 
<p>Time per Half – Single Game</p> <p>10 min</p> 	<p>Maximum Time Per Half - Festival</p> <p>10 min</p> 	<p>Maximum playing time for players per day / event</p> <p>80 min</p> 	<p>Match Official Certified and appointed Match Official where possible</p> 	<p>Coaches on field (not including Match Official)</p> <p>No</p>
<p>Goal Kicking (Conversion)</p> <p>In front of posts within 1 min of a try being scored</p> 	<p>Yellow Card</p> <p>Time Out Festival 2min Single Game 5min Player sits out for a short period to get coaches feedback on foul play (Learning opportunity) Player to be replaced for equal numbers</p> 	<p>Red Card</p> <p>Yes</p> <p>Offending player is removed and replaced to maintain equal numbers</p> 	<p>Offside</p> <p>Apply World Rugby Laws of the Game</p>	<p>Penalties</p> <p>Tap Ball Kicking out of hand is permitted if the defending team is awarded a penalty within their 22</p> 
<p>Restart</p> <p>A punt or drop-kick from the halfway mark</p>	<p>Tackle YES LEARNING MOMENT</p> <p>Below waist controlled tackle AND “Pause!”</p>	<p>Ruck YES LEARNING MOMENT</p> <p>YES - 2v 2</p> <p>Contested Rucks (No pick and go from support players)</p>	<p>Maul</p> <p>No</p>	<p>Lineout</p> <p>Yes</p> <p>6 receivers from each team. Contested with no lift.</p> 
<p>Scrum</p> <p>Yes – 6 v 6</p> <p>Hookers Contest</p> <p>(No push. 9 in possession must pass. Opposing 9 does not challenge. No 8 Pick)</p> 	<p>Kicking in Open Play</p> <p>Apply World Rugby Laws of the Game</p>	<p>Fending/ Hand-Off</p> <p>Yes</p> <p>No contact to the head or neck permitted</p>	<p>Squeeze Ball, Counter Ruck</p> <p>No</p> <p>Poach YES</p>	<p>Scoring Zone</p> <p>5 7 15</p> <p>If a try is scored in the middle 10m award 7 points. If scored outside of the middle 10m award 5. (if not kicking for posts)</p>

TACKLE Learning Moment
Call “PAUSE” when ball carrier is stopped/held up/
momentum slows considerably, but tackle is
INCOMPLETE.

YES ball may be ripped from
ball carriers hand during
tackle / Ruck


RUCK Learning Moment
ENSURE safe & perfect body positioning. **YES**
counter/push, still attack retains possession



AGE GRADE LAW VARIATIONS FOR COMMUNITY RUGBY

UNDER 13 AND 14 (10s)

LEVEL 3 ERU CONTACT PROTOCOL

Size of Playing Area 90m x 60m (Play to 5m lines Excluding In-Goal)	Safety Zone between Playing Areas 5m	Ball Size Size 4 or 5 	Numbers Per Team 10 Forwards 5 Backs 5	Substitutions Rolling Subs 
Time per Half – Single Game 10 min 	Maximum Time Per Half - Festival 10 min 	Maximum playing time for players per day / event 80 min 	Match Official Certified and appointed Match Official where possible 	Coaches on field (not including Match Official) No
Goal Kicking (Conversion) In front of posts within 1 min of a try being scored 	Yellow Card  Time Out Festival 2min Single Game 5min Player sits out for a short period to get coaches feedback on foul play (Learning opportunity) Player to be replaced for equal numbers	Red Card Yes Offending player is removed and replaced to maintain equal numbers 	Offside Apply World Rugby Laws of the Game	Penalties Tap Ball Kicking out of hand is permitted if the defending team is awarded a penalty within their 22 
Restart A punt or drop-kick from the halfway mark	Tackle Apply World Rugby Laws of the Game	Ruck Apply World Rugby Laws of the Game 2v2 ruck preferred	Maul No	Lineout Yes 6 receivers from each team. Contested with no lift. 
Scrum Yes – 6 v 6 Hookers Contest (No push. 9 in possession must pass. Opposing 9 does not challenge. No 8 Pick) 	Kicking in Open Play Apply World Rugby Laws of the Game	Fending/ Hand-Off Yes No contact to the head or neck permitted	Squeeze Ball No Poach, Counter ruck YES	Scoring Zone 5 7 15 If a try is scored in the middle 10m award 7 points. If scored outside of the middle 10m award 5. (if not kicking for posts)

