



# Back by popular demand.... Rugby Junior Skills Sessions!

## Boys & Girls ages 15 and younger

Whether the athlete is...

- New to the sport and wants to try it out,
  - Wants extra practice on skills,
  - Or is looking for a club to join,

These sessions are a good fit.

Dates: February 2<sup>nd</sup> to March 29<sup>th</sup>  
Day: Thursday evenings  
Time: Registration/check-in at 6:45 pm  
Sessions run from 7:00 to 8:00 pm  
Where: Kinsmen Fieldhouse  
Fee: \$5.00 per session drop-in  
Or \$40 for a nine-week pass  
Cash or cheque payable to the ERU  
Dress: Clean runners, t-shirt, shorts or track pants.  
Water bottle recommended.



Questions? Contact:

Jo Reinbold

[jreinbold@carboncopydigital.com](mailto:jreinbold@carboncopydigital.com)

Or

Judy Seddon

[judy@satellitebingo.com](mailto:judy@satellitebingo.com)